

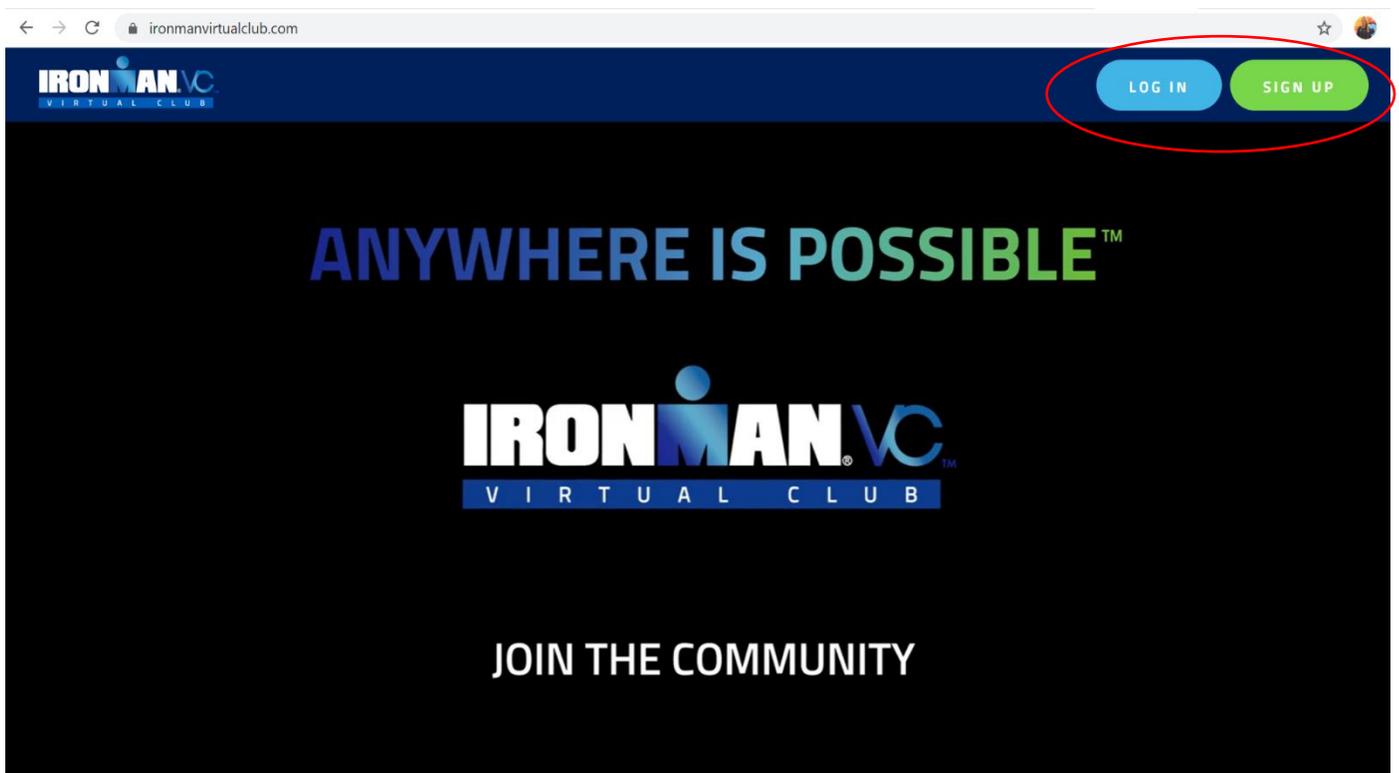


IRONMAN Virtual Club

The IRONMAN Virtual Club allows you to train, compete and celebrate your achievements with a global community of fellow athletes no matter where you are. Through IRONMAN Virtual Club you have the opportunity to join in on the newest IRONMAN race series, IRONMAN VR, which features fun and engaging global competitions in dynamic formats.

How To Get Started:

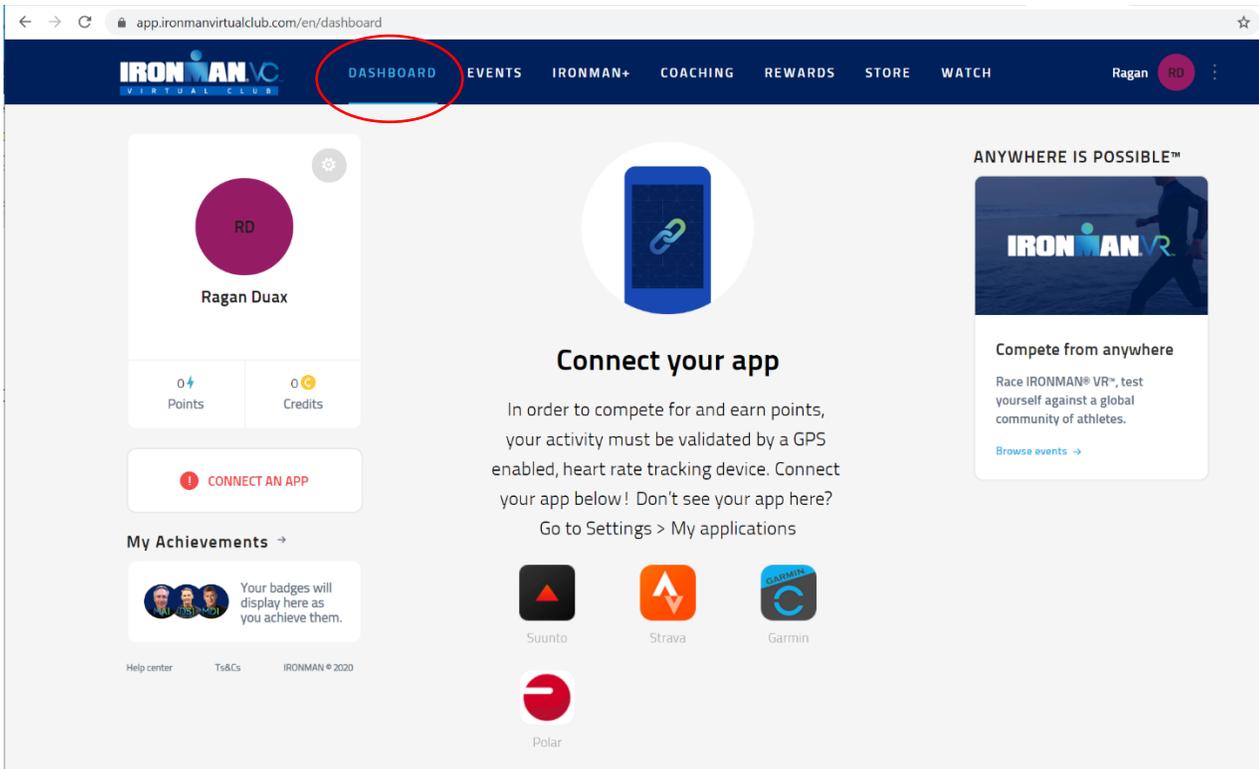
- 1) Visit ironmanvirtualclub.com, or ironman.com and Select Virtual Club. The IRONMAN VC page is where you will **LOG IN** to your IRONMAN account. If you don't have an IRONMAN account, click **SIGN UP** to get started.



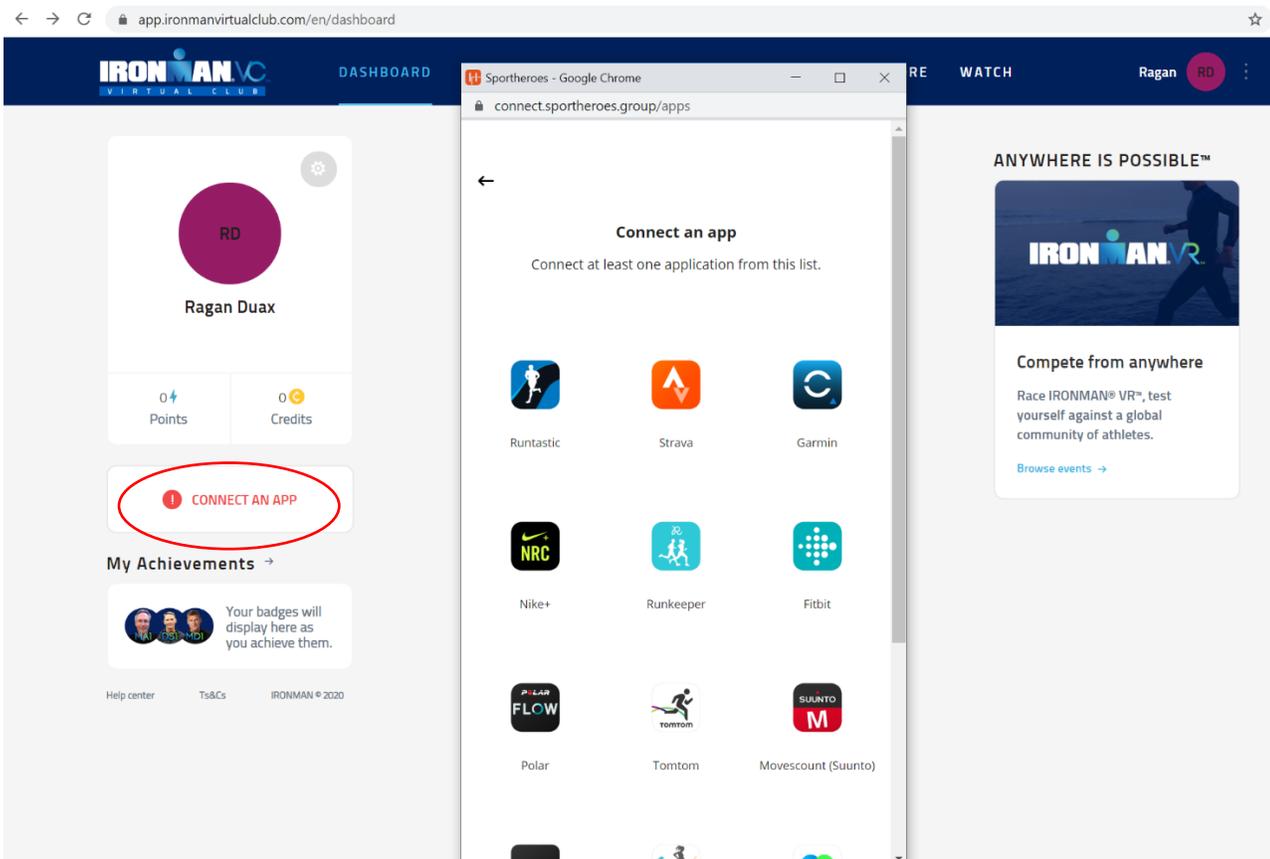
WHAT IS THE IRONMAN VIRTUAL CLUB?

Your go-to hub for all things IRONMAN®. Train, compete, and celebrate

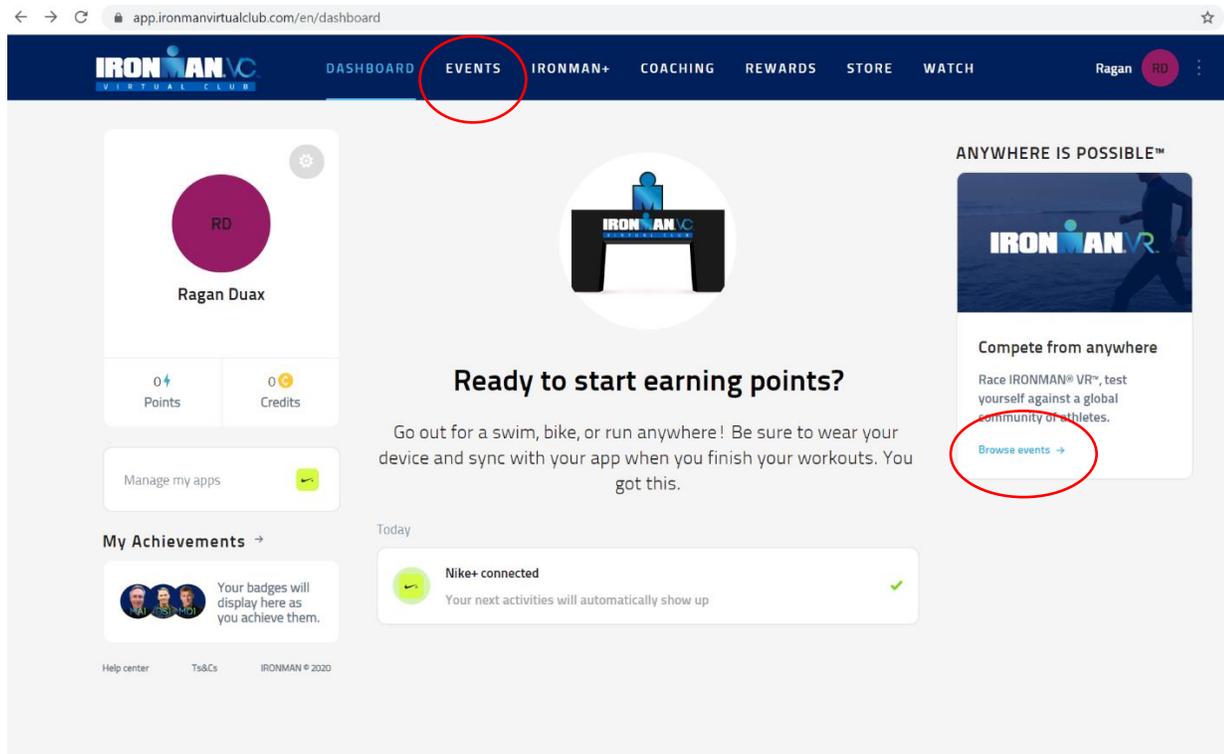
2) Once logged in, you are taken to your IRONMAN VC Dashboard:



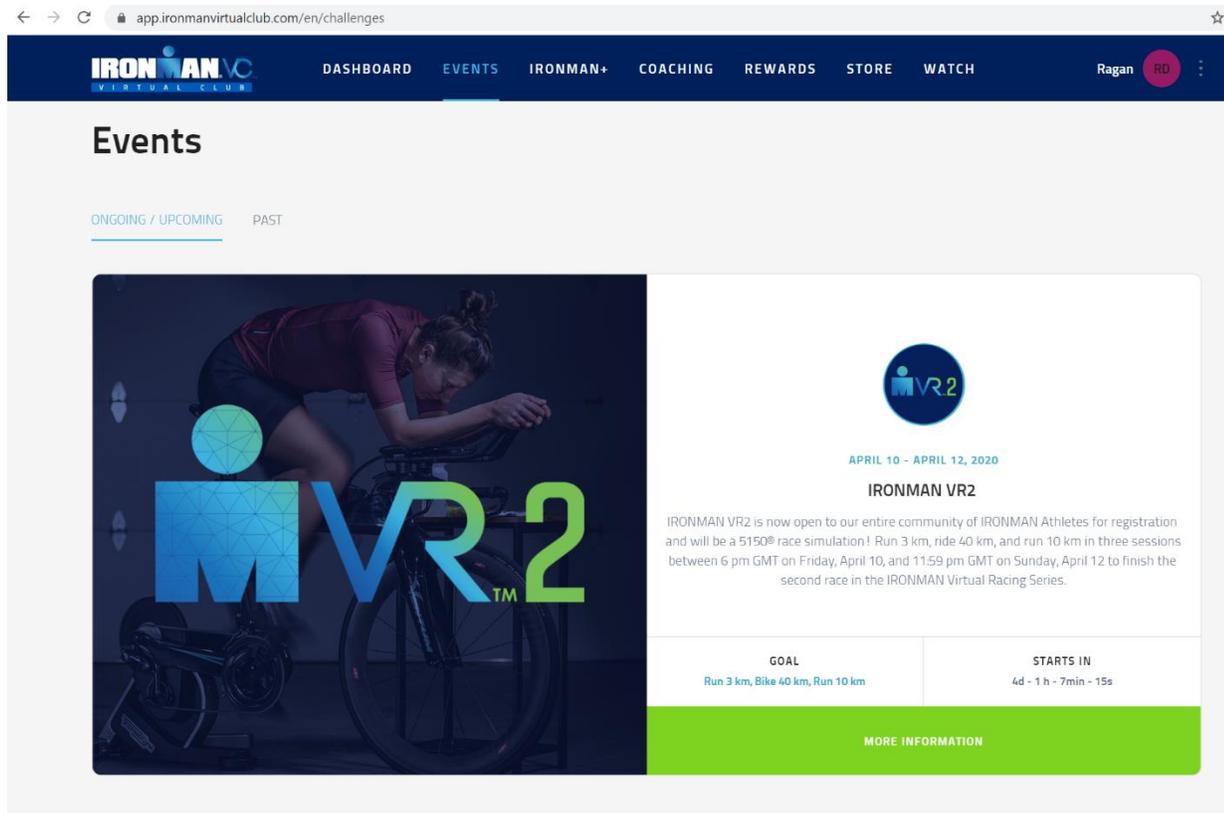
3) Select **CONNECT AN APP** to sync to your favorite GPS enabled, heart rate tracking device:



- 4) Once your app is connected, you're ready for IRONMAN VR! Compete against a global community of athletes by selecting the **Events** tab at the top or **Browse Events**:



- 5) Once in the Events page, click on your desired event or challenge, then select **Sign Up**:



app.ironmanvirtualclub.com/en/challenges/details/5e89b655774b090006ff717f

IRONMAN VIRTUAL CLUB

DASHBOARD EVENTS IRONMAN+ COACHING REWARDS STORE WATCH Ragan RD

RETURN

APRIL 10 - APRIL 12, 2020

IRONMAN VR2

IRONMAN VR2 is now open to our entire community of IRONMAN Athletes for registration and will be a 5150® race simulation! Run 3 km, ride 40 km, and run 10 km in three sessions between 6 pm GMT on Friday, April 10, and 11:59 pm GMT on Sunday, April 12 to finish the second race in the IRONMAN Virtual Racing Series.

Goal: Run 3 km, Bike 40 km, Run 10 km

Starts in: 4d - 1 h - 1min - 11s

Participants: 5 297

Finishers: 0

SIGN UP



6) Next you'll be asked to enter your bib code, if you don't have one click **sign up here**:

app.ironmanvirtualclub.com/en/challenges/details/5e89b655774b090006ff717f

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Goal: Run 3 km, Bike 40 km, Run 10 km

Starts in: 4d - 0 h - 44min - 7s

Participants: 5 297

Finishers: 0

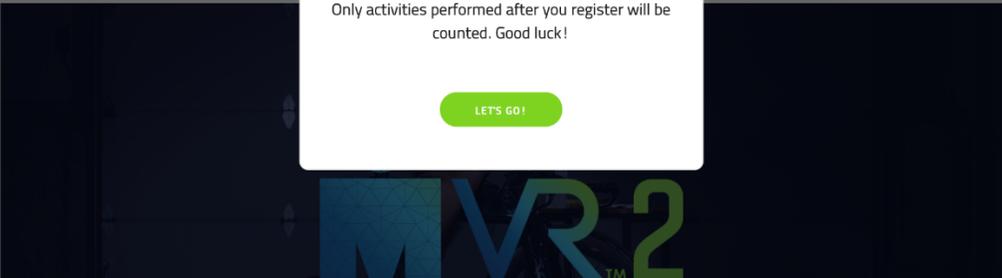
SIGN UP

Ready to prove that ANYWHERE IS POSSIBLE™?
Enter your bib code below. If you're not registered yet, [sign up here.](#)

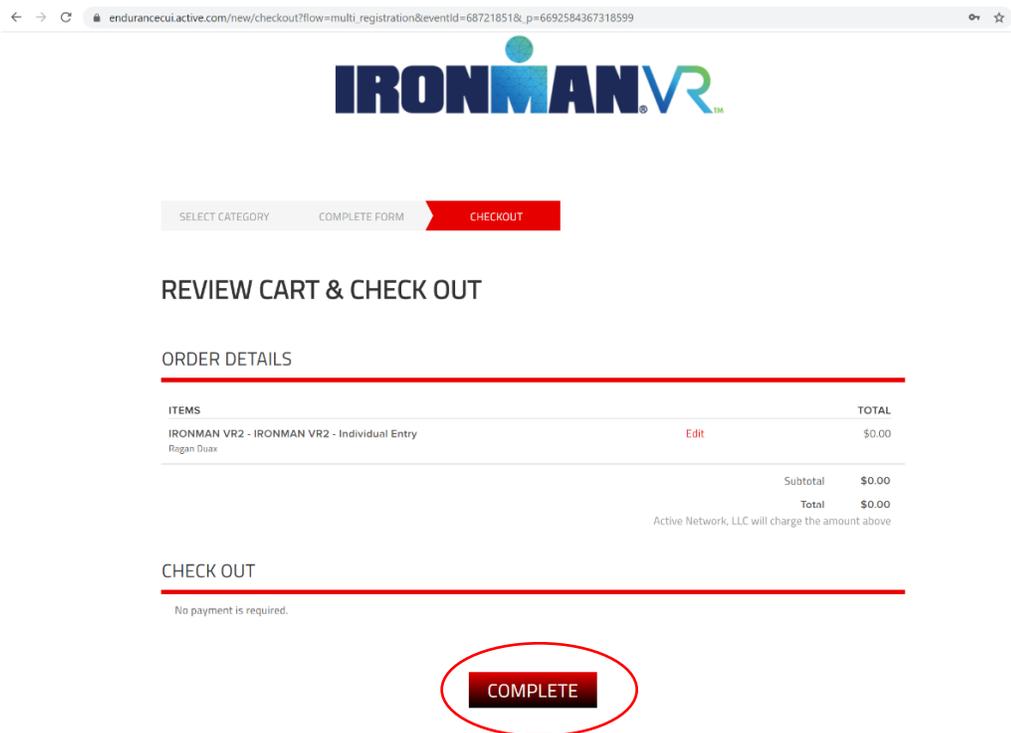
code

Only activities performed after you register will be counted. Good luck!

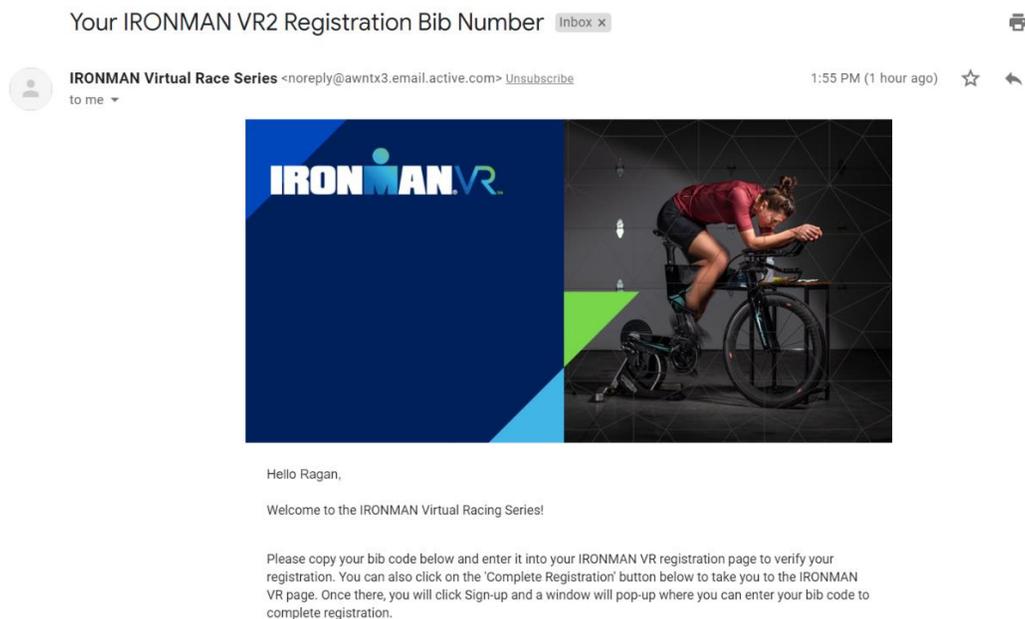
LET'S GO!



- 7) This is where you will be redirected to ACTIVE. Follow the prompted steps to get registered- Select your category, complete your registration information, sign the ACTIVE waivers & agreements, review your cart click **Complete**:



- 8) After Check Out, you will receive an email from IRONMAN Virtual Race Series with your bib code, click **Complete Registration** on the email and enter your bib code in the pop up:



- 9) After entering your bib code, you will receive an email confirming your registration for your event. Once you receive that email, you're officially registered for your IRONMAN Virtual Race challenge!